



**Fitness
and
outdoors.**

Wellbeing belongs to everyone - Lappset keeps people moving!

We invite people of all ages to come out to play, move and spend time together. Wellbeing belongs to everyone, and therefore our strong mission is to develop the areas which enable the lifelong joy of exercising. For over 50 years, we have been enthusiastic and inspired about playing and exercising, creating playgrounds, school courtyards and communal sports facilities around the world.

Create a bold combination

We are delighted that you are joining us on our journey. Our products will provide you with unlimited opportunities to create environments where everyone is happy and can unleash their imagination. By combining different product groups, you can design a comprehensive whole, where play equipment, sports facilities and park furniture create a space where everyone will want to come. There is no need to differentiate between a playground and a gym; the child's play and parent's training, as well as a picnic site for the whole family, can all be found in the same park.

Responsible development work and creative solutions

We are taking responsibility for the environment, economy and people. Our long experience and development work and our strong mission ensure that our play and sports equipment are among the best and safest in the industry. Creativity is important in both play and product development, and that is why we always want to offer new, unique solutions that inspire people of all ages. The impressiveness, comfort, communality and functionality are combined in our products to create a sense of accomplishment and shared experiences for everyone.

We will provide you with a comprehensive package where, in addition to the design service, we can also be involved in the servicing and maintenance of the park. Our comprehensive add-on services enable the playing to continue in a fun and safe way throughout the years.

With Lappset, everyone moves on their own terms together or alone!



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Layout: Unfair Lean Marketing Oy
Renderings: Lappset Group Ltd.
Photographs: Lappset Group and Lappset representatives

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Sport



Exercising is a shared activity

A well-designed outdoor sports facility brings people of all ages and fitness levels together. Good muscle strength also prevents injuries and helps to maintain functional ability as we age. When training is safe and fun, up to three generations can share the fun in an outdoor sports area at the same time.





Outdoor gym equipment, parkour equipment and senior sports products create modern and versatile training conditions, regardless of age and fitness level. By combining equipment from different product groups, you can create an inspiring local outdoor fitness area for both everyday exercisers and active athletes.



Inclusive products

We want to create environments that are open to all. Our inclusive products allow everyone to move on their own terms. You can recognize these products in the catalogues from the yellow sun symbol.

Symbols

-  Product measurements. Length x width x height (mm)
-  Area of movement, length x width (mm) (EN16630)
-  Area of movement (m²) (EN16630)
-  Fall height (mm) (EN16630)

Sisu Fitness - more strength and endurance

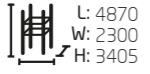
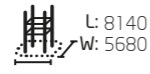


Whether it rains or shines, Sisu Fitness will guarantee you a proper outdoor workout. With the Sisu Fitness equipment, everyone can create themselves a suitable, comprehensive and challenging muscle fitness program with movements that are not only easy but safe and fun. The stepless resistance adjustment makes the equipment suitable for all exercisers regardless of their fitness level. After building some muscle strength, increasing the adjustable resistance adds motivation to exercise even more.

The brave design of Sisu Fitness equipment pleases the eye and fits in perfectly to urban city environment. High-quality materials ensure that the equipment withstands both hard workouts and changing weather conditions.



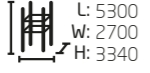
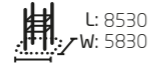


1 081865M Sisu Overhead Press

081850 ★ NEW
Sisu Fitness Frame S

 L: 4870 W: 2300 H: 3405	 L: 8140 W: 5680
 40	 2510

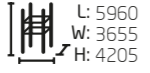
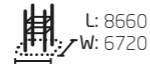




081855 ★ NEW
Sisu Fitness Frame M

 L: 5300 W: 2700 H: 3340	 L: 8530 W: 5830
 42,8	 2510

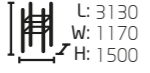
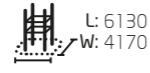
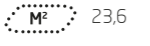



081857 ★ NEW
Sisu Fitness Frame L

 L: 5960 W: 3655 H: 4205	 L: 8660 W: 6720
 48,9	 2750

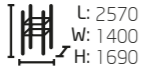
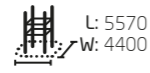
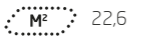



081860 ★ NEW
Sisu Bench Press

 L: 3130 W: 1170 H: 1500	 L: 6130 W: 4170
 23,6	 480

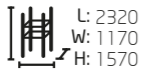
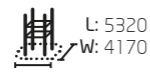
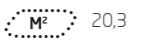



081861 ★ NEW
Sisu Overhead Pulldown

 L: 2570 W: 1400 H: 1690	 L: 5570 W: 4400
 22,6	 460

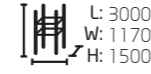
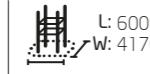
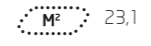



081863 ★ NEW
Sisu Lateral Row

 L: 2320 W: 1170 H: 1570	 L: 5320 W: 4170
 20,3	 150

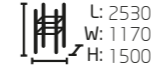
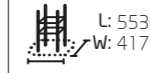
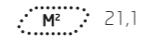



081864 ★ NEW
Sisu Inclined Bench Press

 L: 3000 W: 1170 H: 1500	 L: 6000 W: 4170
 23,1	 550

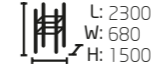
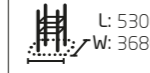
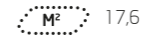



081865 ★ NEW
Sisu Overhead Press

 L: 2530 W: 1170 H: 1500	 L: 5530 W: 4170
 21,1	 500

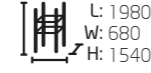
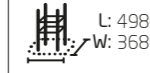
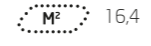



081866 ★ NEW
Sisu Bicep Curl

 L: 2300 W: 680 H: 1500	 L: 5300 W: 3680
 17,6	 0

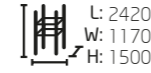
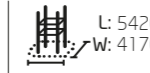
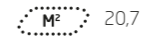



081867 ★ NEW
Sisu Tricep Extension

 L: 1980 W: 680 H: 1540	 L: 4980 W: 3680
 16,4	 0



081868 ★ NEW
Sisu Accessible Press

 L: 2420 W: 1170 H: 1500	 L: 5420 W: 4170
 20,7	 0



Fitness - a perfect workout for everyone

The Fitness equipment allows people of various levels of fitness to get a complete functional workout. The motion variations allow a fitness enthusiast to get a versatile training to build strength, stamina, speed and coordination. The equipment comes with info signs which have QR codes for viewing illustrated exercise instructions and videos in the form of a virtual coach.

The Fitness products feature four vibrant colour schemes which can be easily combined as impressive and inspiring themes. Wood and metal as materials create a durable framework for a tough workout.

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Choose from four ready-made colour themes, or design your own colourful solution!

Learn more about products and theme colours: lappset.com

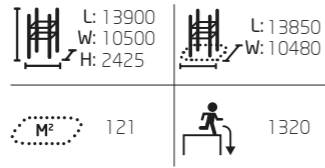
- 1 081265M Pull-up
- 2 081210M Back'n Abs
- 3 081205M Barbell S
- 4 081255M Battling Ropes
- 5 081220M Dip Bar
- 6 081230M Monkey Bars

PLAY
SPORT
PARK

081320M Fitness Park S



Products: 081205M, 081206M, 081255M, 081220M, 081265M, 081200M, 081201M, 081202M, 081210M, 081290M.

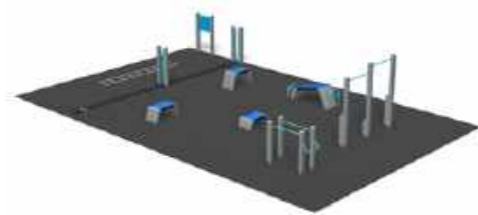
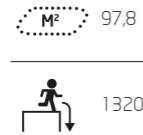


081321M Fitness Park S

Without free weights.

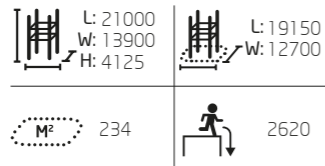
Size: 13,5 m x 8,5 m.

Products: 081255M, 081220M, 081265M, 081200M, 081201M, 081202M, 081210M, 081290M



081325M Fitness Park M

Products: 081290M x 2, 081200M, 081201M, 081202M, 081255M, 081210M, 081220M, 081265M, 081205M, 081206M, 081207M, 081275M, 081230M, 081236M, 081240M, 081250M.

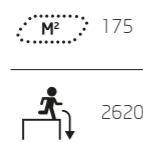


081326M Fitness Park M

Without free weights.

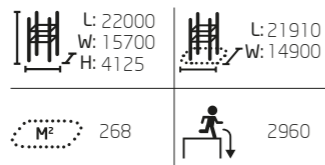
Size: 20 m x 10,5 m

Products: 081255M, 081240M, 081236M, 081250M, 081200M, 081201M, 081202M, 081220M, 081210M, 081265M, 081230M, 081290M



081330M Fitness Park L

Products: 081255M, 2 x 081290M, 081250M, 081230M, 081285M, 081220M, 081235M, 081275M, 081225M, 081210M, 081200M, 081201M, 081202M, 081240M, 081245M, 081205M, 081206M, 081207M.

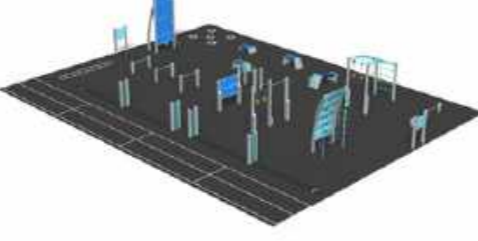
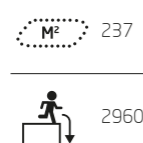


081331M Fitness Park L

Without free weights.

Size: 15,5 m x 20 m

Products: 081255M, 081240M, 081230M, 081235M, 081200M, 081201M, 081202M, 081245M, 081225M, 081236M, 081250M, 081220M, 081210M, 081290M



- 1 081220M
Dip
- 2 081210M
Back'n Abs
- 3 081235M
Rope wall



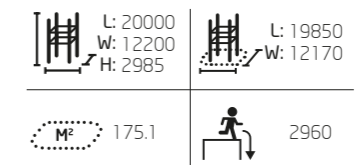
Choose from four ready-made colour themes, or design your own colourful solution!

Learn more about products and theme colours: lappset.com

081305M Fitness Track M

Without free weights.

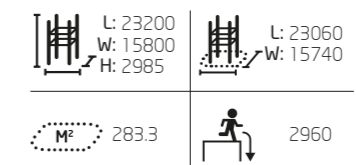
Products: 081290M, 081200M, 081201M, 081250M, 081282M, 081235M, 081245M, 081280M, 081236M, 081230M, 081225M



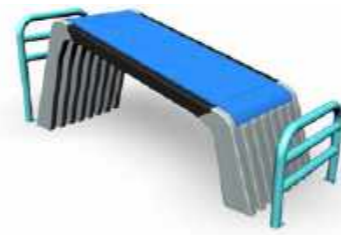
081310M Fitness Track L

Without free weights.

Products: 081290M, 081200M, 081201M, 081250M, 081282M, 081235M, 081245M, 081280M, 081236M, 081230M, 081225M



081210M Back'n Abs



081220M Dip





081225M Push-up

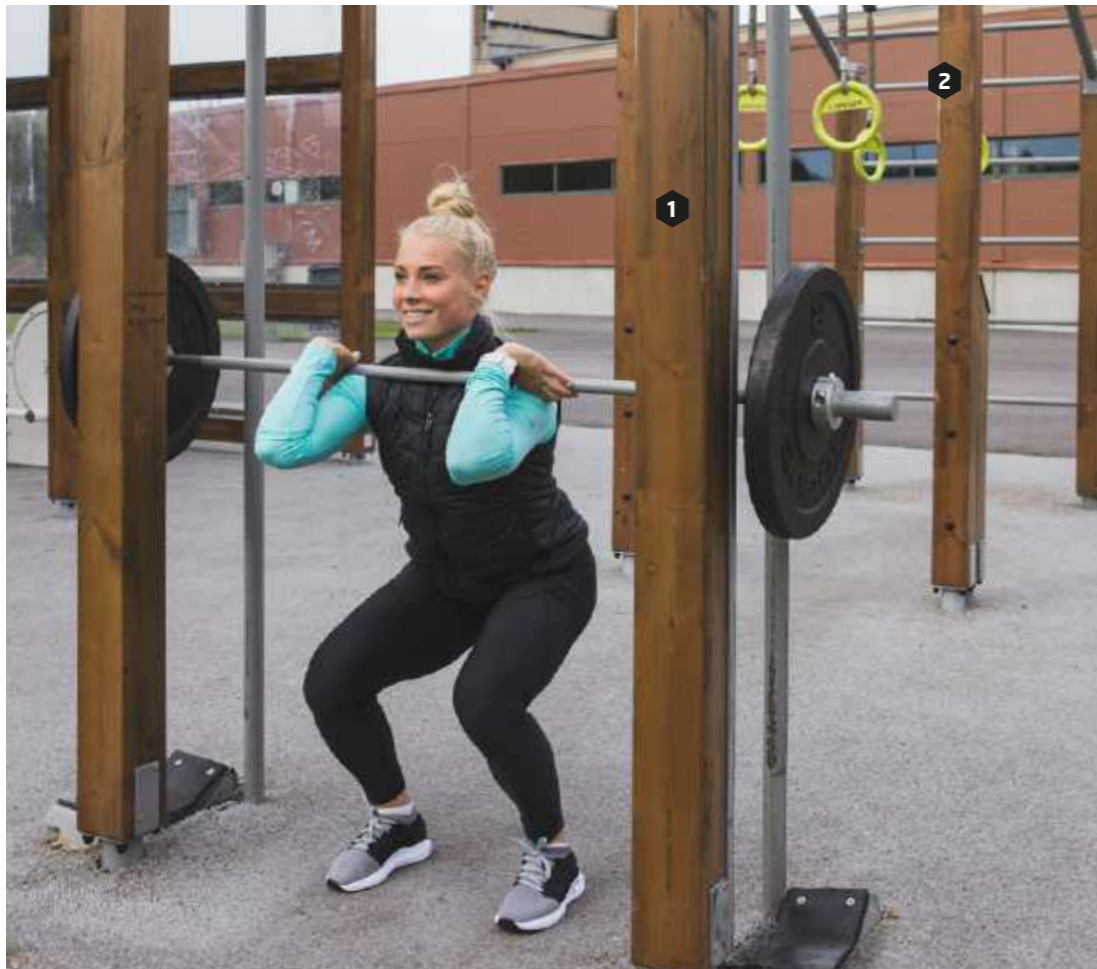




081230M Monkey Bars



1 081205M Barbell S 2 081230M Monkey bars



Choose from four ready-made colour themes, or design your own colourful solution!
Learn more about products and theme colours: lappset.com

081205M Barbell S



Weight 25 kg. Not according to EN16630, see www.lappset.com for more information.



081206M Barbell M



Weight 35 kg. Not according to EN16630, see www.lappset.com for more information.



081207M Barbell L



Weight 45 kg. Not according to EN16630, see www.lappset.com for more information.







081275M Dead Lift

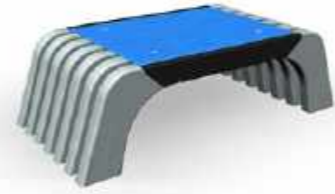


Weight 65 kg. Not according to EN16630, see www.lappset.com for more information.







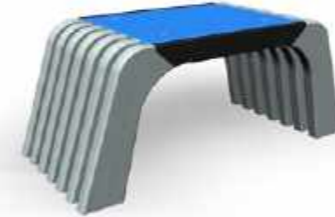
081200M
Box S

 L: 985 W: 485 H: 300	 L: 3985 W: 3485
 12	 300







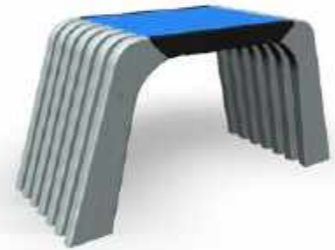
081201M
Box M

 L: 1080 W: 485 H: 450	 L: 4080 W: 3485
 12.3	 450







081202M
Box L

 L: 1180 W: 485 H: 605	 L: 4180 W: 3485
 12.6	 605







081235M
Rope Wall

 L: 1495 W: 765 H: 2985	 L: 6190 W: 4985
 25.6	 2960







081236M
Obstacle Wall

 L: 245 W: 1500 H: 1655	 L: 4700 W: 3320
 13.7	 1645



081240M
Medicine Ball Throw

 L: 780 W: 1490 H: 4125	 L: 3780 W: 4490
 15	 0







Weight 5 kg.







081245M
Flying Rings



 L: 2485 W: 245 H: 2425	 L: 6190 W: 4135
 21.5	 1320







081250M
Jumper

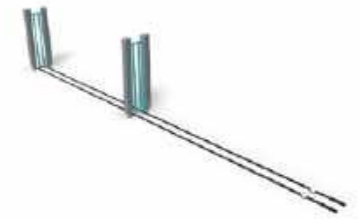
 L: 4125 W: 1305 H: 1005	 L: 7035 W: 4050
 26.6	 905







081255M
Battling Ropes



 L: 7940 W: 550 H: 1480	 L: 8330 W: 5720
 34.5	 0







081265M
Pull-up

 L: 2485 W: 240 H: 2425	 L: 6190 W: 4135
 21.5	 1320







081270M
Dip'n Fly

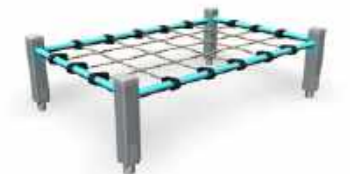


 L: 2970 W: 1480 H: 2430	 L: 6210 W: 4680
 23.6	 1320

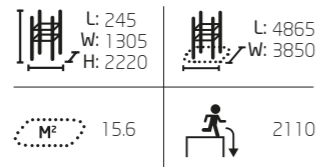


081280M
Leopard Crawl

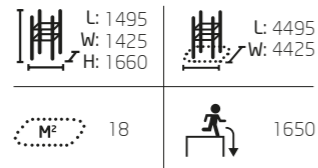
 L: 2320 W: 1550 H: 705	 L: 5320 W: 4550
 22.3	 610



081282M
Ladders



081285M
Cargo Net Wall

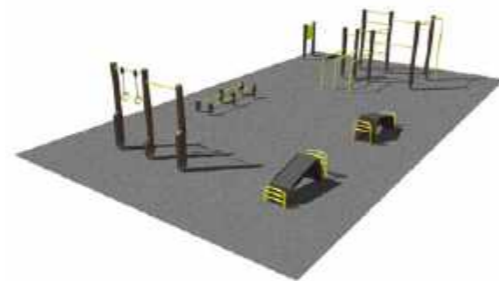


081290M
Info Sign



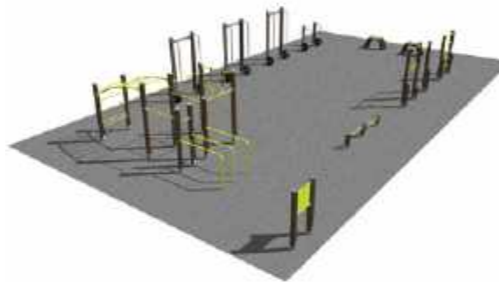
L05374
Streetworkout & Fitness 1

Products:
081245M, 081225M x 2, 081290M,
081655M, 081210M x 2



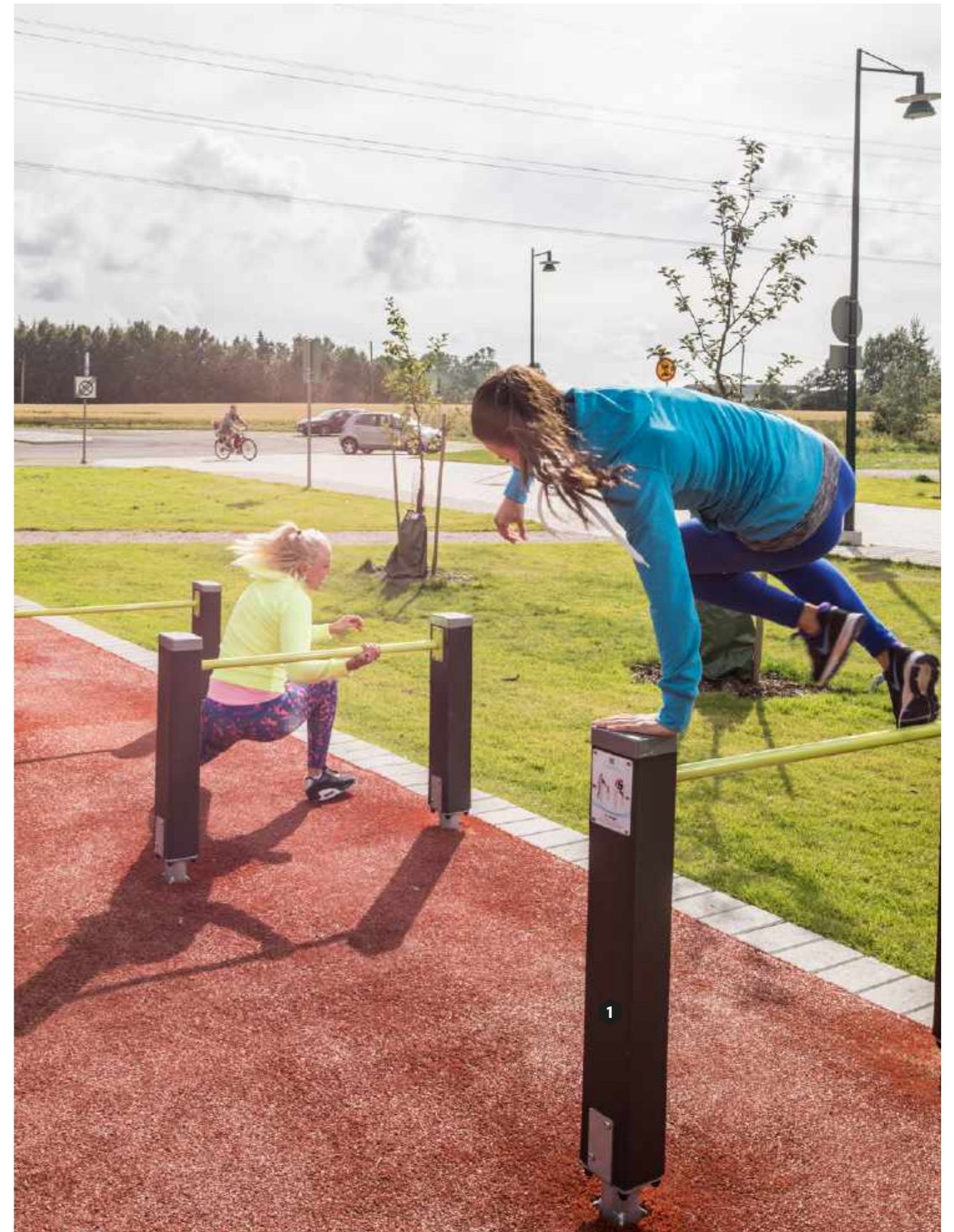
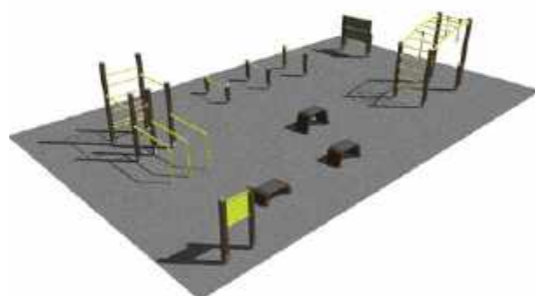
L05375
Streetworkout & Fitness 2

Products:
081657M, 081207M, 081206M, 081205M,
081275M, 081470M x 2, 081282M,
081245M, 081225M, 081290M



L05376
Streetworkout & Fitness 3

Products:
081650M, 081250M, 081236M, 081230M,
081200M, 081201M, 081202M, 081290M



1 081250M Jumper

Street Workout - bodyweight training and impressive strength

The Street Workout equipment enable effective and versatile bodyweight training. A compact training area can be adapted to even a small space because, for example, dip bars, chinning bars and pull-up bars are integrated into a single unit.

The Street Workout equipment have been developed in cooperation with the Finnish Street Workout association, and they are suitable for urban courtyard environments, playgrounds and jogging trails alike.

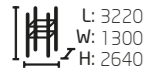
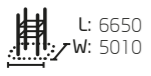


Choose from four ready-made colour themes, or design your own colourful solution!

Learn more about products and theme colours: lappset.com





081650M
Street Workout S

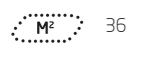

	L: 3220 W: 1300 H: 2640		L: 6650 W: 5010
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	28		2220
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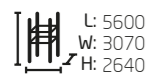
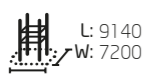
081655M
Street Workout M



	L: 3220 W: 3070 H: 2640		L: 5650 W: 6520
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	36		2340
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081657M
Street Workout L

	L: 5600 W: 3070 H: 2640		L: 9140 W: 7200
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	50.1		2530
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1 081655M Street Workout M

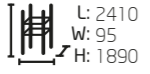
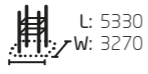


Classic Sport - timeless durability

The Classic Sport equipment is an ecological and affordable choice for all environments. The equipment allows a fitness trainer to perform a muscle strength routine suited to his or her fitness level and to diversify the movements, for example, by means of an elastic resistance band.

The name of the series refers to classic, time-enduring basic exercises and timeless design. The pressure-treated wood and grey metal as materials are long-lasting and easy to maintain. By combining equipment, it is easy to construct a training area for runners to train their muscle fitness as well as a small-scale obstacle course or a street workout area for schoolchildren to enjoy.

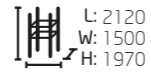
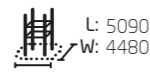




175011
Chinning Bars for 2

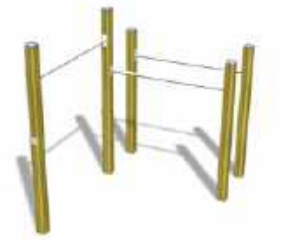
 L: 2410 W: 95 H: 1890	 L: 5330 W: 3270
 14,8	 680



175014
Combination Rack

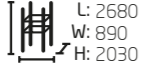
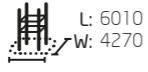
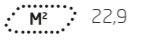

 L: 2120 W: 1500 H: 1970	 L: 5090 W: 4480
 18	 1280

Deep mounting.



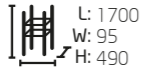
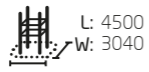


175016
Hanging Frame

Deep mounting.

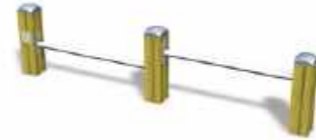
 L: 2680 W: 890 H: 2030	 L: 6010 W: 4270
 22,9	 970



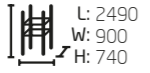
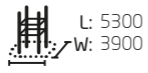


175017
Push up

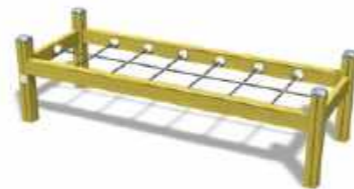
 L: 1700 W: 95 H: 490	 L: 4500 W: 3040
 0	 280

Deep mounting.



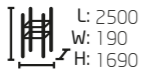
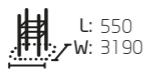


175019
Crawler

 L: 2490 W: 900 H: 740	 L: 5300 W: 3900
 18,7	 550



175015
Ball Wall

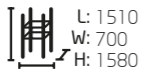
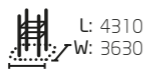


Deep mounting.

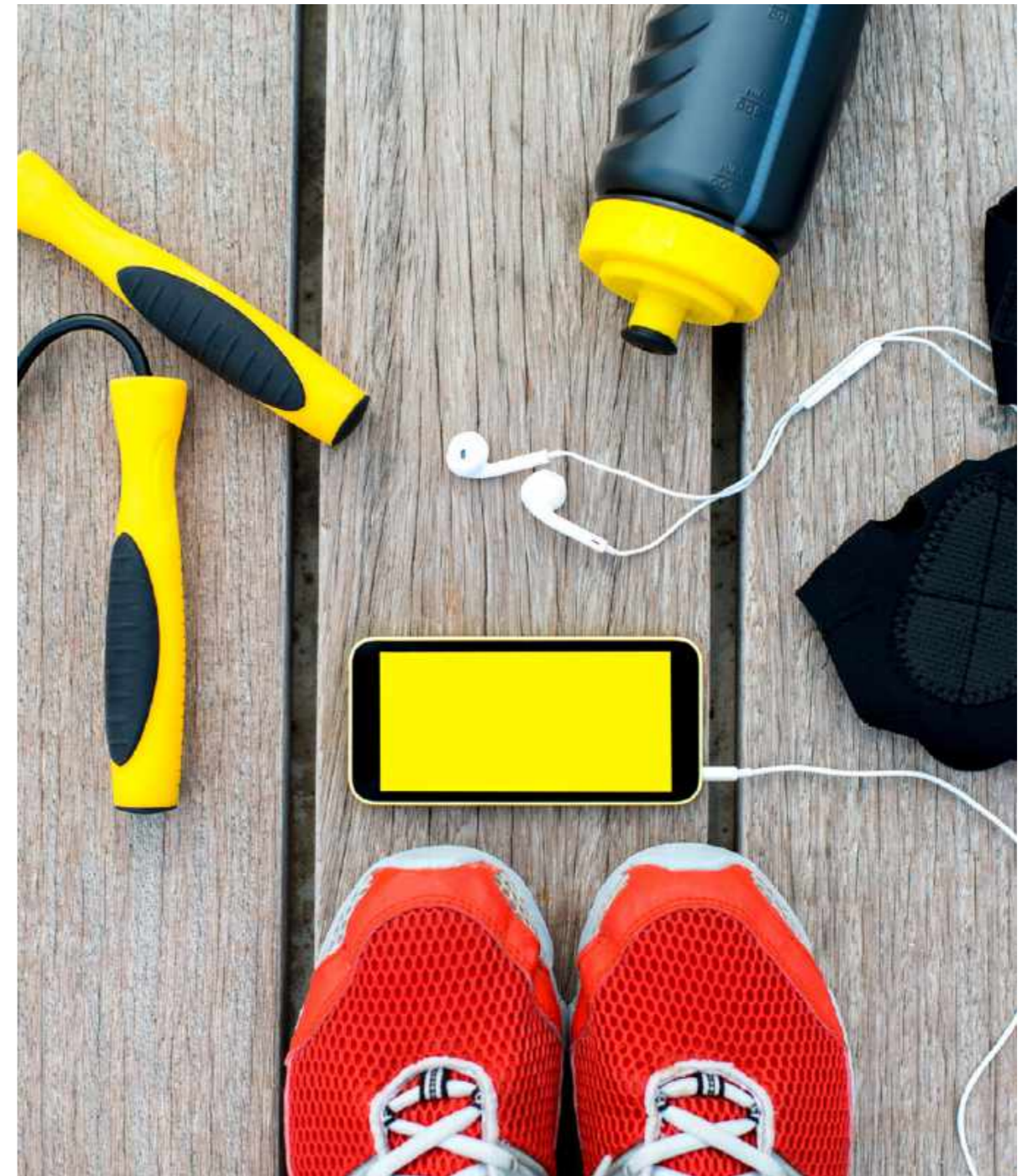
 L: 2500 W: 190 H: 1690	 L: 550 W: 3190
 15,6	 0



175018
Dip Bar

Deep mounting.

 L: 1510 W: 700 H: 1580	 L: 4310 W: 3630
 14	 1280



Gym - outdoor gym training

Gym training with a good supply of fresh air. The design of each piece of Gym equipment is so simple that it automatically steers people to do the exercises correctly, which improves safety and motivation. In the exercises, the trainers themselves function as the engine and the weights.

The fresh colour options are lime, grey and white which provide a wide range of possibilities for designing the area. The equipment can be easily serviced, and they have been manufactured from wear- and weather-resistant materials.

You can choose from three different colours for Gym products:

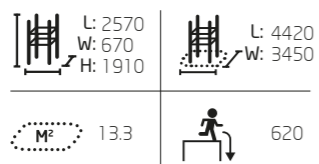


Gym products are surface mounted, excluding Pull Up 081003M and Dip bar 081007M, which can be either surface or deep mounted.



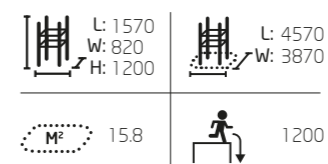
081001M
Cross Trainer

Surface mounting.



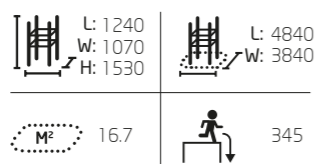
081007M
Dip Bar

Deep or surface mounting.



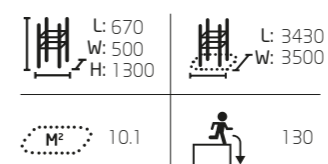
081002M
Air Walker

Surface mounting.



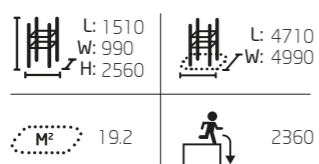
081008M
Core Twister

Surface mounting.



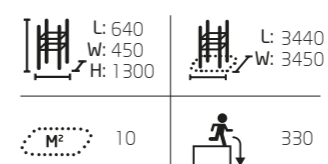
081003M
Pull-up

Deep or surface mounting.



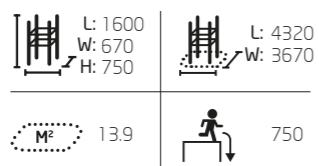
081009M
Squat Spring

Surface mounting.



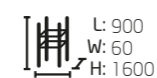
081004M
Sit-up

Surface mounting.



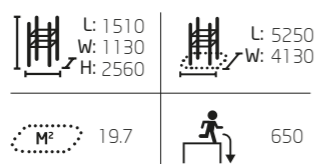
081010M
Sign

Surface mounting.



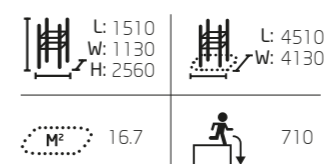
081005M
Chest

Surface mounting.



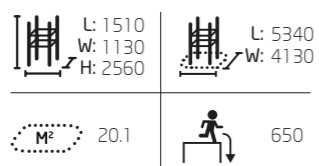
081011M
Leg Press

Surface mounting.



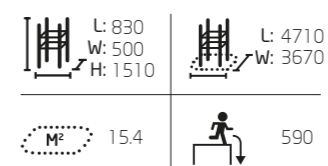
081006M
Back

Surface mounting.



081012M
Hip

Surface mounting.





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